

**KYRGYZ STATE MEDICAL ACADEMY
NAMED AFTER I.K. AKHUNBAEV**

DIARY OF PRACTICE

Of the 3rd year student _____ group

Faculty _____

Full name _____

Time of practice from _____

To _____

Place of practice _____

Director (KSMA) _____

Bishkek

SAMPLE DIARY

Date	Content of the performed work
09.07.20 __ y.	<p>I helped the nurse to gather the systems for i/v infusions (5), helped (15) and made i/v infusions. Made 5 s/c and 12 i/m injections. Observed the taking of duodenal (1) and gastric masses (10). Took blood from the veins (1) for various analysis and determined blood type (2). I gave the drugs for the patients (10). I measured the temperature of patients (6) and drew temperature chart. Helped to dress for the patient after appendectomy.</p>

Senior Nurse Signature

METHODICAL INSTRUCTION (PROGRAM) OF STUDENTS' PRACTICE

The 3d course is an important part of students' training the independent urgent therapeutic work and their intercourse for practical activity. It is conducted after the end (of the sixth semester) of the spring examination session (24 h working day) in the therapeutic and surgical departments as the feldsher's assistant and emergency medical care. According to the schedule students work 6 hours in a day for the 6- day week and they have 2 night duties in hospital and one day- round duty at the station of emergency help.

Department of propaedeutic of internal diseases and general surgery realize practice leading. Head of practice are senior nurses of clinical departments, feldsher's of emergency help station, to which students are attached.

Students must take an active part in social life of the hospital, participate in conferences, scientific clinical meetings, and carry out sanitary education work.

At the end of practice students signs a diary and a summary report by senior nurse of the department, certifies it with signature and seal of the head of the medical institutions and hands it to the assistant-head of practice.

Passing exams is based on practice or in KSMA with differentiated score on a five- point scale in commission appointed by the department of practice. The mark with the signature of the assistant- head of practice is written in the students' record book and test record.

Besides, acquirement the technique of various medical manipulations students at the same time have to understand their nature, target and meanings, and clinically justified indications and contraindications to their conduct. Students have to consolidate the acquired knowledge of pharmacological activity used medicinal substances.

I. WORK AT THE THERAPEUTIC DEPARTMENT

1. To familiarize with a mode of work of medical institution: (the schedule of work, the procedure for receiving and discharging patients, receiving and taking off the duty by the nurse and medical assistant, holding an hour of rest, visiting, the sanitary conditions of the wards, the food block, corridors and other premises and documents)
2. To learn and improve the rules of taking care of patients: to be able to measure blood pressure, pulse and respiration, body temperature with application of temperature curve, to give drugs, to make a change of clothes, to feed the patients, to wash their hair, to wash a patient intimately, especially seriously ill patients.
3. To learn the technique of subcutaneous, intermuscular, intravenous injections.
4. To carry out medical appointment for the preparation to a medical research (X-ray, endoscopy, ultrasound, electrocardiograph, etc.), to be able to perform gastric and duodenal tubage, put mustard plasters, cupping glasses, compresses, to give all kinds of enemas (cleansing, nourishing, medicinal), to produce catheterization bladder by soft catheter.
5. To participate in medical manipulations (pleural puncture, abdominal puncture with ascites), in provision of emergency care (with bleeding, angina pectoris, irreversible vomiting, asthmatic and coma state, collapse, gastric and intestinal colic etc.)
6. To participate in conducting transfusion of blood, determining the blood type, compatibility test, rhesus identity.
7. To master the methods of taking analysis of secretors, have to be able to give characteristic by appearance and smell.
8. To familiarize with rules of prescribing and storage of medicines (recipes the order of prescribing and store of narcotic, cardiac and potent drugs, sterile solutions.
9. To familiarize with the diet of patients.
10. To familiarize with hospital admissions (the order of receiving patients, the preparation of documentation, etc.), clinical laboratory
11. During the stay the student takes an active part in the work of the doctor on duty.

II. WORKING AT SURGICAL DEPARTMENT

Every student, besides the above-mentioned students must master the following skills:

1. Taking care of surgical patients, fixing attention on the general condition of the patient, his appearance, the color of the skin, the condition of the bandage, the nature and pulse rate, the temperature, urination, especially during the first 24 hours after surgery.
2. To study the process of general preparation of various patients to the operation.
3. To study the sterilization of materials, tools, masks, gloves, gowns and treatment of hands before operation.
4. To study how to dress a sterile gown, mask and gloves properly.
5. To study how to prepare properly an operating table, tool set, anesthetic table, oxygen plant and other equipment.
6. To learn care peculiarities for postoperative patient (transportation, shifting from a stretcher to a bed and vice versa, turning in a bed, linen change, feeding.
7. To make simple dressing under the doctor's supervision, to be able to apply and remove plaster casts and tires.
8. To familiarize with a technique of revivification (artificial respiration, closed cardiac massage, blood transfusion, etc.).

9. To be able to inject antitetanus serum and impose hemostat.
10. To study the complex of first aid to patients with injuries of arteries and veins in typical places.
11. To learn to give first aid to patient with chemical and thermal burns and other accidents.

Methodical instruction (program) of Practice and sample diary were approved

Protocol # _____ from _____

Date	Contents of the work performed

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CONSOLIDATED MEDICAL REPORT

#	Content of performed work	Mandatory amount	Actual implementation
1	2	3	4
1.	Number of duties at the department		
2.	Injections: Subcutaneous Intramuscular Intravenous		
3.	Autohemotherapy was performed		
4.	Blood grouping		
5.	Participation in blood transfusion		
6.	Gastric lavage (probe, without probe)		
7.	Taking gastric juice		
8.	Carried out duodenal probing		
9.	Enemas (cleaning, siphonic, hypertonic, medical, nutritional, droplet-underline)		
10.	Catheterization of the urinary bladder		
11.	Functional test of kidney according to Zimniskiy		
12.	Taking of the smear from the pharynx		
13.	Sterilization:(syringes, dressing, surgical instrument-underline		
14.	Work as the operational sister		
15.	Gypsum bandages		

1	2	3	4
16.	Tired switching		
17.	The number of transfers		
18.	Revolution of hard patients		
19.	Feeding		
20.	Giving the drugs		
21.	Mustard plaster, cupping glasses		
22.	Thermometry		
23.	Introduction of serum		
24.	Preparing for examination (X-ray, ultrasound, Echo, etc.)		
25.			
26.			
27.			
28.			
29.			
30.			

Mark of commission _____

Signatures: Sister _____

Head of medical institution and seal _____

Assistant from the medical Academy _____

