

**Ministry of Health of the Kyrgyz Republic Kyrgyz  
State Medical Academy named after I.K. Akhunbaeva  
Faculty of Postgraduate Medical Education**

**Agreed**

Human resources management  
and organizational work

Ministry of Health of the Kyrgyz Republic

« 10 » 09 2020г.

**Approve**

Rector of the KSMA I.K. Akhunbaeva  
MD, prof. Kudaibergenova I.

« 17 » 09 2020 г.

**Basic professional educational program training in clinical residency by specialty «Sports Medicine»**

**Code-187**

Qualification : Sports Medicine

Full-time form of education

Duration of study: 3 years

Assigned qualifications: a doctor specializing in Sports Medicine.

**A standard curriculum for an educational professional residency program in the  
specialty "Sports Medicine" for 3 years of study**

**Academic plan**

№	The name of the disciplines according to doctor of general practice	Distribution of the curriculum of time by occupation		The distribution of hours by year		
		Total labor input according to GOS		1 year	2 year	3 year
		in credit units / credits	in hours	weeks	weeks	weeks
	<b>1 year of study (basic part) doctor of general practice</b>					
1.	Doctor of general practice introduction	1,6	48	1		
2.	Section "Surgery"	16	480	10		
3.	Section "Obstetrics and Gynecology"	16	480	10		
4.	Section "Therapy"	19,2	576	12		
5.	Section "Pediatrics"	17,6	528	11		
6.	Ambulance and emergency care (including the simulation course of AFP	3,6	96	2		
	<b>Certification</b>	3,6	96	2		
	<b>TOTAL</b>	<b>76,8</b>	<b>2304</b>	<b>48</b>		
	<b>2 year Obstetrics</b>					
<b>III</b>	<b>General clinical disciplines (related and fundamental)</b>					
1.	Physiology and	1,6	48		1	
2.	Normal human anatomy	1,6	48		1	
3.	Biochemistry	1,6	48		1	
4.	Traumatology and Orthopedics (sports injury)	6,4	192		4	
5.	Neurology	3,2	96		2	
6.	Pediatrics	3,2	96		2	
7.	Physiotherapy	6,4	192		4	
		<b>24</b>	<b>720</b>		<b>15</b>	

<b>II</b>	<b>Special (Professional) discipline</b>				
1.0	Sports medicine. Medical and biological problems of selection in sports.	3,2	96		2
1.1	Assessment of the functional state of people involved in physical culture and sports.	3,2	96		2
1.2	Normal Human Anatomy and Sports Physiology	3,2	96		2
1.3	Pathological conditions in case of irrational physical culture and sports	6,4	192		4
1.4	Medical supervision and medical pedagogical control	3,2	96		2
1.5	Medical supervision in paralympic sports	3,2	96		2
1.6	Medical support of training camps and competitions	6,4	192		4
1.7	Sports pharmacology and anti-doping control in sports	6,4	192		4
		<b>38,4</b>	<b>1152</b>		<b>22</b>
<b>II.</b>	<b>Humanities and general education block (electives)</b>	<b>14,4</b>	<b>432</b>		<b>9</b>
1.	Istanbul Protocol				
2.	Emergency medicine				
3.	pedagogy and psychology				
4	Rehabilitation of athletes using traditional Chinese medicine				
5	Preventive detoxification of the body of athletes				
	<b>Certification</b>	3,2	96		2
	<b>TOTAL:</b>	<b>76,8</b>	<b>2304</b>		<b>48</b>
<b>III.</b>	<b>3 year of study Sports Medicine</b>				
1.	Rehabilitation of athletes	6,4	192		4
2.	Medical methods of sports performance rehabilitation	6,4	192		4
3.	Rehabilitation activities in sports (Nutrition for athletes)	6,4	192		4
4.	Medical rehabilitation methods	6,4	192		4
5.	Non-drug rehabilitation methods	6,4	192		4

6.	Features of physiotherapy in the rehabilitation of athletes	6,4	192			4
7.	Rehabilitation by physical methods in sports traumatology and orthopedics	6,4	192			4
8.	Rehabilitation by physical methods in neurology	6,4	192			4
9.	Psychological methods of rehabilitation	3,2	96			2
10	Rehabilitation for athletes in cardiology	6,4	192			4
11	Traditional medicine in sports (acupuncture, etc.)	6,4	192			4
12	Massage (types and methods. Sports massage)	6,4	192			4
13	<b>Certification</b>	3,2	96			2
14	<b>TOTAL:</b>	<b>76,8</b>	<b>2304</b>			<b>48</b>
15	Total for 3 years of study	<b>230.4</b>	<b>6912</b>			<b>144</b>
16	holidays			<b>4</b>	<b>4</b>	<b>4</b>